



**May 5-6, 2006**

**“Break Free”**

This fabulous opportunity to be together in community with thought leader Debashis Chatterjee is fast approaching and the gang at CCLHV is excited about facilitating your time together.

This retreat is an identity quest. All quests, by definition, start with questions. Through Debashis Chatterjee, we bring to you the most radical questions that masters of the oldest school of the world (about six thousand years old) asked themselves.

One of these questions was, “How shall I be free?”

Our two day journey will take us through a deep and liberating voyage of self discovery.

Here are the some of the themes we will reflect on:

1. My identity quest; “What is my life’s signature?”
2. My vision quest; “How do I see the world?”
3. Illumined dynamism: the illusion of “doing”
4. Love; the art and practice of relating
5. Silence; the flow of intelligence beyond time and stress
6. Learning to learn: discontinuity of knowledge
7. Transformation; breaking free

This retreat will involve experiential exercises and core concepts that Debashis Chatterjee has evolved and taught for more than 10 years in all six continents of the world. In this he wishes to express his gratitude to the Himalayan masters on whose shoulders he stands in all humility.

Please enroll for this workshop only if you are willing to lose what you already know!

### A Significant “Other”

This is an amazing opportunity to spend quality time with a person significant in your life be it a life partner, friend or close family member, so consider who you might wish to share this time with and invite them to join you.

### The Details

**Location:** The retreat will be held at The Windermere Manor, 200 Collip Circle, London, ON N6G 4X8, [www.windermere Manor.com](http://www.windermere Manor.com).

**Investment:** The investment in yourself is \$450.00 for the two day retreat including lunches, and you will be responsible for arranging your own accommodation. There are some rooms available at the Inn at a cost of \$112.00 to \$122.00 per night.

**Registration:** To register contact Harriet Phillips at: (905) 385-7702, or e-mail [harriet@quickclic.net](mailto:harriet@quickclic.net).

### Register by April 13, 2006

Please note the retreat is for a maximum of 20 participants to ensure an intimate and meaningful dialogue.

Please send your cheque to:

Canadian Centre for Leadership and Human Values (CCLHV)  
1235 Fairview Street, Suite 294  
Burlington, ON L7S 2K9.

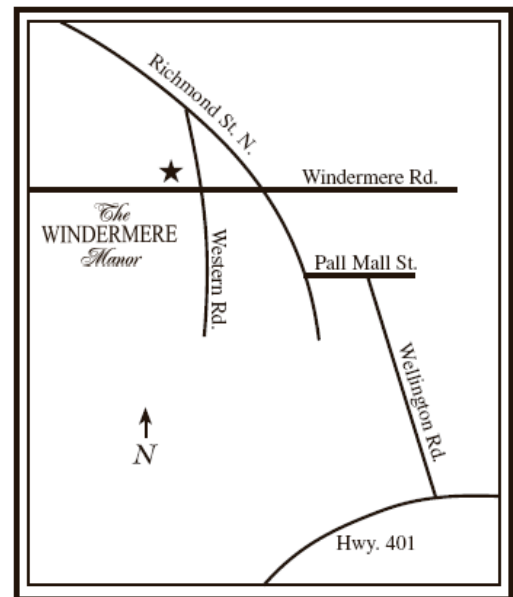
You will be registered once your payment has been received.

We at the CCLHV are honoured to be in service to you and to be part of this initiative.

We are passionate about supporting gatherings and conversations on leadership and human values. To learn more about us, visit our website at [www.cclhv.com](http://www.cclhv.com).

Attached is an outline of the retreat at a glance. See you on May 5<sup>th</sup>!

Map to: The Windermere Manor



## The Retreat at a Glance

### Thursday May 4, 2005

This day is a day for those who have taken or will be taking the Leadership Discovery Experience and their guests. Some of you will be attending this day as well and may wish to stay in London both Thursday and Friday night.

### Friday May 5, 2006

8:00 am..... Breakfast  
9:00 am..... Welcome and Introductions  
9:30 am..... My Identity Quest  
10:40 am ..... Break  
11:00 am..... The Vision Quest  
12:30 pm..... Lunch  
1:30 pm..... The Illusion of “Doing”  
3:00 pm..... Break  
3:30 pm..... Love: Relating  
5:00 pm..... Relax! The evening is free time

### Saturday May 6, 2006

8:00 am..... Breakfast  
9:00 am..... Silence: Beyond Time and Stress  
10:40 am..... Break  
11:00 am..... Learning to Learn  
12:30 pm..... Lunch  
1:30 pm..... Transformation: Breaking Free  
2:30 pm..... Wrap up  
3:00 pm..... Safe Home!